

| Pl | tnr | Name | Zeit | | | | | | | | | | | | | | |
|--------------------------------|-----|--|-----------------|--------------------------------------|-------------------------------|---|-------------------------------|--------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------------|-----------------------------|-----------------------|-----------------------|----------------------|
| H16 (Herren bis 16) (2) | | | | 3,3 km 90 Hm | | | 14 P | | <i>(Forts.)</i> | | | | | | | | |
| | | | 1(51) Ziel | 2(40) | 3(68) | 4(31) | 5(62) | 6(32) | 7(60) | 8(40) | 9(43) | 10(53) | 11(65) | 12(67) | 13(36) | 14(100) | |
| | | | 0:12 | | | | | | | | | | | | | | |
| D18 (Damen bis 18) (2) | | | | 3,3 km 90 Hm | | | 14 P | | | | | | | | | | |
| | | | 1(51) Ziel | 2(40) | 3(68) | 4(31) | 5(62) | 6(32) | 7(60) | 8(40) | 9(43) | 10(53) | 11(65) | 12(67) | 13(36) | 14(100) | |
| 1 | | Paula Wichmann USV Jena | 56:52 | 7:14 7:14 56:52 0:19 | 9:04 1:50 | 17:32 8:28 | 27:32 10:00 | 30:07 2:35 | 34:08 4:01 | 38:01 3:53 | 40:24 2:23 | 44:39 4:15 | 46:21 1:42 | 49:09 2:48 | 52:23 3:14 | 55:15 2:52 | 56:33 1:18 |
| 2 | | Isabelle Bombien OLV Weimar | 59:10 | 6:36 6:36 59:10 0:14 | 8:41 2:05 | 16:30 7:49 44:34 *44 | 22:55 6:25 | 25:08 2:13 | 28:04 2:56 | 33:07 5:03 | 35:49 2:42 | 38:38 2:49 | 47:43 9:05 | 51:25 3:42 | 54:33 3:08 | 57:30 2:57 | 58:56 1:26 |
| H18 (Herren bis 18) (2) | | | | 4,4 km 80 Hm | | | 18 P | | | | | | | | | | |
| | | | 1(52) 15(71) | 2(45) 16(73) | 3(51) 17(67) | 4(40) 18(100) | 5(60) Ziel | 6(32) | 7(38) | 8(37) | 9(62) | 10(32) | 11(34) | 12(40) | 13(35) | 14(69) | |
| 1 | | Martin Dittmann SV Handwerk Erfurt | 48:08 | 2:10 2:10 39:31 2:49 | 5:27 3:17 45:06 5:35 | 7:54 2:27 46:30 1:24 | 9:02 1:08 47:55 1:25 | 11:04 2:02 48:08 0:13 | 14:47 3:43 | 18:53 4:06 | 19:47 0:54 | 24:15 4:28 | 25:33 1:18 | 27:46 2:13 | 31:13 3:27 | 33:51 2:38 | 36:42 2:51 |
| | | Manuel Kirsten HMG | N Ang | | | | | | | | | | | | | | |
| D35 (Damen ab 35) (3) | | | | 3,3 km 90 Hm | | | 14 P | | | | | | | | | | |
| | | | 1(51) Ziel | 2(40) | 3(68) | 4(31) | 5(62) | 6(32) | 7(60) | 8(40) | 9(43) | 10(53) | 11(65) | 12(67) | 13(36) | 14(100) | |
| 1 | | Sabine Jackisch SV TU Ilmenau | 34:07 | 4:31 4:31 34:07 0:21 | 6:12 1:41 4:55 | 11:07 4:55 3:14 | 14:21 3:14 1:33 | 15:54 1:33 1:20 | 17:14 1:20 3:21 | 20:35 3:21 1:44 | 22:19 1:44 2:13 | 24:32 2:13 1:31 | 26:03 1:31 1:49 | 27:52 1:49 2:45 | 30:37 2:45 1:52 | 32:29 1:52 1:17 | 33:46 1:17 |
| | | Iris Lüke USV Jena | Fehlst | 22:04 22:04 1:01:03 0:19 | 23:47 1:43 | 30:53 7:06 | 36:46 5:53 | 38:53 2:07 | 40:57 2:04 | 45:44 4:47 | 47:16 1:32 | ----- | ----- | ----- | ----- | 59:09 11:53 | 1:00:44 1:35 |
| | | Friederike Götz USV Jena | N Ang | | | | | | | | | | | | | | |
| H35 (Herren ab 35) (8) | | | | 4,4 km 80 Hm | | | 18 P | | | | | | | | | | |
| | | | 1(52) 15(71) | 2(45) 16(73) | 3(51) 17(67) | 4(40) 18(100) | 5(60) Ziel | 6(32) | 7(38) | 8(37) | 9(62) | 10(32) | 11(34) | 12(40) | 13(35) | 14(69) | |
| 1 | | Yves Laske SV TU Ilmenau | 35:27 | 1:34 1:34 29:13 2:12 | 3:18 1:44 33:06 3:53 | 4:37 1:19 33:56 0:50 | 5:42 1:05 35:12 0:15 | 8:05 2:23 35:27 | 10:31 2:26 2:46 | 13:17 2:46 0:50 | 14:07 0:50 2:15 | 16:22 2:15 1:08 | 17:30 1:08 2:17 | 19:47 2:17 2:40 | 22:27 2:40 2:03 | 24:30 2:03 2:31 | 27:01 2:31 |
| 2 | | Carsten Ripke OSC Hamburg | 41:15 | 1:40 1:40 33:16 2:14 | 3:41 2:01 38:15 4:59 | 5:46 2:05 39:13 0:58 | 7:03 1:17 41:00 1:47 | 9:14 2:11 41:15 0:15 | 12:42 3:28 | 16:18 3:36 | 17:27 1:09 | 20:07 2:40 | 21:16 1:09 | 23:43 2:27 | 26:15 2:32 | 28:43 2:28 | 31:02 2:19 |
| 3 | | Michael Kautzleben SV Kyffhäuser | 43:14 | 2:05 2:05 35:09 2:38 | 3:58 1:53 40:46 5:37 | 5:32 1:34 41:49 1:03 | 6:39 1:07 43:00 1:11 | 8:12 1:33 43:14 0:14 | 10:53 2:41 | 15:35 4:42 | 16:49 1:14 | 20:23 3:34 | 21:33 1:10 | 23:57 2:24 | 26:24 2:27 | 29:54 3:30 | 32:31 2:37 |
| 4 | | Detlev Jung OLV Weimar | 43:27 | 1:40 1:40 35:14 2:53 | 3:55 2:15 40:29 5:15 | 5:24 1:29 41:43 1:14 | 6:47 1:23 43:09 1:26 | 9:43 2:56 43:27 0:18 | 12:35 2:52 | 16:20 3:45 | 17:16 0:56 | 19:32 2:16 | 20:42 1:10 | 23:25 2:43 | 26:21 2:56 | 29:03 2:42 | 32:21 3:18 |
| 5 | | Peter Schellenberg keine Angabe | 44:24 | 1:29 1:29 36:30 3:40 | 3:52 2:23 41:36 5:06 | 6:14 2:22 42:30 0:54 | 7:39 1:25 44:07 1:37 | 9:29 1:50 44:24 0:17 | 12:34 3:05 | 16:18 3:44 | 17:05 0:47 | 19:47 2:42 | 21:23 1:36 | 24:28 3:05 | 27:11 2:43 | 29:47 2:36 | 32:50 3:03 |
| 6 | | Thomas Hölzer OL Team Lippe | 46:42 | 1:26 1:26 38:32 3:08 | 2:15 3:41 43:56 5:24 | 2:18 5:59 44:57 1:01 | 1:38 7:37 46:27 1:30 | 3:54 11:31 46:42 0:15 | 3:11 14:42 | 3:31 18:13 | 0:56 19:09 | 3:00 22:09 | 1:07 23:16 | 2:54 26:10 | 3:38 29:48 | 2:39 32:27 | 2:57 35:24 |
| 7 | | Christian Krätzel USV Jena | 46:55 | 1:57 1:57 38:19 2:45 | 4:01 2:04 43:59 5:40 | 6:44 2:43 44:52 0:53 | 8:02 1:18 46:40 1:48 | 10:29 2:27 46:55 0:15 | 13:05 2:36 | 19:17 6:12 | 20:40 1:23 | 23:15 2:35 | 24:37 1:22 | 27:04 2:27 | 29:29 2:25 | 32:28 2:59 | 35:34 3:06 |
| | | Max Götz USV Jena | N Ang | | | | | | | | | | | | | | |

| Pl | tnr | Name | Zeit | 3,1 km 65 Hm | | | 13 P | | | | | | | | | | |
|-------------------------------|-----|--|---------------|--------------|-------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | | | 1(67) | 2(35) | 3(43) | 4(58) | 5(57) | 6(70) | 7(35) | 8(44) | 9(69) | 10(71) | 11(52) | 12(64) | 13(100) | Ziel | |
| D45 (Damen ab 45) (3) | | | | | | | | | | | | | | | | | |
| 1 | | Cornelia Morgner USV Jena | 38:11 | 1:33 | 5:26 | 7:03 | 10:02 | 11:34 | 13:30 | 17:13 | 19:17 | 21:03 | 26:29 | 34:30 | 37:15 | 37:52 | 38:11 |
| 2 | | Anke Zentgraf USV Jena | 39:01 | 1:50 | 5:49 | 7:41 | 10:50 | 12:49 | 14:36 | 19:23 | 21:47 | 23:55 | 27:24 | 35:09 | 37:50 | 38:40 | 39:01 |
| 3 | | Marion Friebe USV Jena | 43:27 | 2:23 | 6:46 | 8:39 | 12:22 | 14:21 | 16:23 | 21:50 | 24:24 | 26:48 | 30:54 | 38:47 | 42:03 | 42:57 | 43:27 |
| | | | | 2:23 | 4:23 | 1:53 | 3:43 | 1:59 | 2:02 | 5:27 | 2:34 | 2:24 | 4:06 | 7:53 | 3:16 | 0:54 | 0:30 |
| H45 (Herren ab 45) (9) | | | | | | | | | | | | | | | | | |
| | | | 1(52) | 2(53) | 3(59) | 4(40) | 5(60) | 6(32) | 7(38) | 8(37) | 9(39) | 10(62) | 11(34) | 12(40) | 13(73) | 14(67) | |
| 1 | | Mario Gorecki USV Jena | 26:51 | 2:02 | 3:50 | 6:07 | 7:09 | 8:29 | 10:54 | 14:16 | 15:12 | 16:43 | 17:27 | 20:29 | 22:25 | 24:23 | 25:27 |
| 2 | | Tobias Wolf USV Jena | 27:29 | 2:02 | 1:48 | 2:17 | 1:02 | 1:20 | 2:25 | 3:22 | 0:56 | 1:31 | 0:44 | 3:02 | 1:56 | 1:58 | 1:04 |
| 3 | | Rainer Wichmann OLV Weimar | 27:31 | 1:10 | 0:14 | | | | | | | | | | | | |
| 4 | | Steffen Lösch USV Jena | 31:20 | 1:28 | 3:32 | 5:52 | 6:52 | 8:34 | 11:01 | 13:54 | 14:49 | 16:46 | 17:27 | 20:25 | 22:58 | 25:16 | 26:06 |
| 5 | | Mirko Hoppe USV Jena | 32:46 | 1:28 | 2:04 | 2:20 | 1:00 | 1:42 | 2:27 | 2:53 | 0:55 | 1:57 | 0:41 | 2:58 | 2:33 | 2:18 | 0:50 |
| 6 | | Uwe Heinert OLV Weimar | 33:58 | 27:17 | 27:29 | | | | | | | | | | | | |
| 7 | | Frank Bombien OLV Weimar | 41:43 | 1:11 | 0:12 | | | | | | | | | | | | |
| 8 | | Dieter Berwing SV TU Ilmenau | 54:29 | 1:42 | 3:44 | 5:56 | 7:02 | 8:26 | 10:53 | 14:19 | 15:14 | 17:08 | 17:59 | 20:37 | 22:58 | 25:08 | 25:54 |
| | | | | 27:13 | 27:31 | 2:12 | 1:06 | 1:24 | 2:27 | 3:26 | 0:55 | 1:54 | 0:51 | 2:38 | 2:21 | 2:10 | 0:46 |
| | | | | 1:19 | 0:18 | | | | | | | | | | | | |
| | | | | 31:06 | 31:20 | 2:21 | 1:01 | 1:26 | 2:29 | 3:39 | 1:05 | 3:21 | 0:45 | 2:43 | 2:07 | 3:34 | 2:22 |
| | | | | 1:02 | 0:14 | | | | | | | | | | | | |
| | | | | 1:47 | 3:40 | 6:00 | 7:09 | 9:01 | 11:47 | 16:21 | 17:18 | 20:37 | 21:19 | 24:33 | 27:12 | 29:30 | 30:32 |
| | | | | 1:47 | 1:53 | 2:20 | 1:09 | 1:52 | 2:46 | 4:34 | 0:57 | 3:19 | 0:42 | 3:14 | 2:39 | 2:18 | 1:02 |
| | | | | 32:30 | 32:46 | | | | | | | | | | | | |
| | | | | 1:58 | 0:16 | | | | | | | | | | | | |
| | | | | 2:02 | 4:02 | 6:47 | 8:02 | 9:47 | 14:52 | 19:12 | 20:15 | 22:30 | 23:13 | 26:33 | 29:09 | 31:24 | 32:19 |
| | | | | 2:02 | 2:00 | 2:45 | 1:15 | 1:45 | 5:05 | 4:20 | 1:03 | 2:15 | 0:43 | 3:20 | 2:36 | 2:15 | 0:55 |
| | | | | 33:40 | 33:58 | | | | | | | | | | | | |
| | | | | 1:21 | 0:18 | | | | | | | | | | | | |
| | | | | 1:40 | 4:10 | 6:34 | 7:44 | 9:47 | 12:32 | 20:55 | 22:17 | 26:30 | 27:27 | 31:51 | 34:48 | 38:34 | 39:57 |
| | | | | 1:40 | 2:30 | 2:24 | 1:10 | 2:03 | 2:45 | 8:23 | 1:22 | 4:13 | 0:57 | 4:24 | 2:57 | 3:46 | 1:23 |
| | | | | 41:26 | 41:43 | | | | | | | | | | | | |
| | | | | 1:29 | 0:17 | | | | | | | | | | | | |
| | | | | 2:23 | 7:02 | 10:50 | 12:38 | 15:17 | 19:07 | 24:27 | 26:03 | 34:33 | 36:00 | 40:58 | 45:28 | 50:24 | 51:51 |
| | | | | 2:23 | 4:39 | 3:48 | 1:48 | 2:39 | 3:50 | 5:20 | 1:36 | 8:30 | 1:27 | 4:58 | 4:30 | 4:56 | 1:27 |
| | | | | 54:09 | 54:29 | | | | | | | | | | | | |
| | | | | 2:18 | 0:20 | | | | | | | | | | | | |
| | | Joachim Lindner USV Jena | Fehlst | 1:37 | 3:36 | 7:38 | 8:50 | 10:27 | ----- | 17:59 | 25:31 | 29:36 | 30:21 | 33:40 | 37:09 | 40:15 | 46:45 |
| | | | | 1:37 | 1:59 | 4:02 | 1:12 | 1:37 | | 7:32 | 7:32 | 4:05 | 0:45 | 3:19 | 3:29 | 3:06 | 6:30 |
| | | | | 48:21 | 48:37 | | | | | | | | | | | | |
| | | | | 1:36 | 0:16 | | | | | | | | | | | | |
| D55 (Damen ab 55) (7) | | | | | | | | | | | | | | | | | |
| | | | 1(36) | 2(57) | 3(43) | 4(42) | 5(69) | 6(61) | 7(65) | 8(67) | 9(64) | 10(100) | Ziel | | | | |
| 1 | | Renate Tröbe SV TU Ilmenau | 27:36 | 3:13 | 7:13 | 11:09 | 14:34 | 15:39 | 17:29 | 22:11 | 24:47 | 26:31 | 27:15 | 27:36 | | | |
| 2 | | Jana Gorecki USV Jena | 27:42 | 3:13 | 4:00 | 3:56 | 3:25 | 1:05 | 1:50 | 4:42 | 2:36 | 1:44 | 0:44 | 0:21 | | | |
| 3 | | Constanze Rathman SV Schmalkalden 04 | 30:03 | 3:29 | 6:57 | 11:59 | 14:36 | 15:39 | 17:08 | 22:25 | 25:13 | 26:52 | 27:25 | 27:42 | | | |
| 4 | | Gabriele Kirchner SV Schmalkalden 04 | 31:47 | 3:29 | 3:28 | 5:02 | 2:37 | 1:03 | 1:29 | 5:17 | 2:48 | 1:39 | 0:33 | 0:17 | | | |
| 5 | | Ute Kretzschmar OLV Weimar | 32:33 | 4:39 | 8:25 | 12:04 | 14:51 | 16:01 | 18:23 | 23:30 | 26:25 | 28:55 | 29:43 | 30:03 | | | |
| 6 | | Ute Lösch USV Jena | 33:14 | 4:39 | 3:46 | 3:39 | 2:47 | 1:10 | 2:22 | 5:07 | 2:55 | 2:30 | 0:48 | 0:20 | | | |
| 7 | | Isabel Günther USV Jena | 33:46 | 3:42 | 7:44 | 12:14 | 15:31 | 16:48 | 18:35 | 23:49 | 26:43 | 30:41 | 31:29 | 31:47 | | | |
| | | | | 3:42 | 4:02 | 4:30 | 3:17 | 1:17 | 1:47 | 5:14 | 2:54 | 3:58 | 0:48 | 0:18 | | | |
| | | | | 4:42 | 8:44 | 13:51 | 17:16 | 18:36 | 20:35 | 26:12 | 29:36 | 31:31 | 32:09 | 32:33 | | | |
| | | | | 4:42 | 4:02 | 5:07 | 3:25 | 1:20 | 1:59 | 5:37 | 3:24 | 1:55 | 0:38 | 0:24 | | | |
| | | | | 3:32 | 7:57 | 13:22 | 16:12 | 17:30 | 19:15 | 26:51 | 29:57 | 32:07 | 32:52 | 33:14 | | | |
| | | | | 3:32 | 4:25 | 5:25 | 2:50 | 1:18 | 1:45 | 7:36 | 3:06 | 2:10 | 0:45 | 0:22 | | | |
| | | | | 7:22 | 11:56 | 16:35 | 20:45 | 21:47 | 23:23 | 28:38 | 31:25 | 33:00 | 33:46 | 33:46 | | | |
| | | | | 7:22 | 4:34 | 4:39 | 4:10 | 1:02 | 1:36 | 5:15 | 2:47 | 1:35 | 0:30 | 0:16 | | | |
| H55 (Herren ab 55) (9) | | | | | | | | | | | | | | | | | |
| | | | 1(67) | 2(35) | 3(43) | 4(58) | 5(57) | 6(70) | 7(35) | 8(44) | 9(69) | 10(71) | 11(52) | 12(64) | 13(100) | Ziel | |
| 1 | | Matias Mieth USV Jena | 27:21 | 1:19 | 4:31 | 5:52 | 8:13 | 9:27 | 10:53 | 14:29 | 16:14 | 17:28 | 19:31 | 24:37 | 26:39 | 27:06 | 27:21 |
| 2 | | Jörg Müller USV Jena | 27:42 | 1:19 | 3:12 | 1:21 | 2:21 | 1:14 | 1:26 | 3:36 | 1:45 | 1:14 | 2:03 | 5:06 | 2:02 | 0:27 | 0:15 |
| 3 | | Siegfried Ritter SV TU Ilmenau | 28:21 | 1:24 | 4:05 | 5:14 | 7:31 | 8:46 | 10:02 | 13:18 | 14:57 | 16:26 | 18:38 | 24:45 | 26:59 | 27:27 | 27:42 |
| 4 | | Matthias Schumann OLV Weimar | 30:02 | 1:24 | 2:41 | 1:09 | 2:17 | 1:15 | 1:16 | 3:16 | 1:39 | 1:29 | 2:12 | 6:07 | 2:14 | 0:28 | 0:15 |
| 5 | | Klaus Göhring OLV Weimar | 36:53 | 1:18 | 4:25 | 5:37 | 8:11 | 9:24 | 10:53 | 14:38 | 17:00 | 18:23 | 21:17 | 25:39 | 27:42 | 28:07 | 28:21 |
| 6 | | Karl-Eberhard Gerla USV Jena | 42:14 | 1:18 | 3:07 | 1:12 | 2:34 | 1:13 | 1:29 | 3:45 | 2:22 | 1:23 | 2:54 | 4:22 | 2:03 | 0:25 | 0:14 |
| | | | | 1:32 | 5:09 | 6:42 | 9:06 | 10:22 | 12:00 | 15:15 | 17:11 | 19:05 | 21:33 | 26:57 | 29:06 | 29:47 | 30:02 |
| | | | | 1:32 | 3:37 | 1:33 | 2:24 | 1:16 | 1:38 | 3:15 | 1:56 | 1:54 | 2:28 | 5:24 | 2:09 | 0:41 | 0:15 |
| | | | | 1:36 | 5:24 | 7:22 | 10:47 | 12:07 | 13:54 | 18:08 | 21:08 | 23:16 | 26:03 | 33:24 | 35:53 | 36:31 | 36:53 |
| | | | | 1:36 | 3:48 | 1:58 | 3:25 | 1:20 | 1:47 | 4:14 | 3:00 | 2:08 | 2:47 | 7:21 | 2:29 | 0:38 | 0:22 |
| | | | | 1:56 | 7:43 | 9:23 | 13:17 | 14:58 | 17:09 | 22:14 | 25:20 | 27:16 | 29:58 | 37:13 | 40:29 | 41:33 | 42:14 |
| | | | | 1:56 | 5:47 | 1:40 | 3:54 | 1:41 | 2:11 | 5:05 | 3:06 | 1:56 | 2:42 | 7:15 | 3:16 | 1:04 | 0:41 |

| Pl | tnr | Name | Zeit | | | | | | | | | | | | | | | |
|--------------------------------|-----|---------------------------|----------------|----------------------|--------------|--------------|--------------|--------------|--------------|-----------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--|
| H55 (Herren ab 55) (9) | | | | 3,1 km 65 Hm | | | 13 P | | | <i>(Forts.)</i> | | | | | | | | |
| | | | | 1(67) | 2(35) | 3(43) | 4(58) | 5(57) | 6(70) | 7(35) | 8(44) | 9(69) | 10(71) | 11(52) | 12(64) | 13(100) | Ziel | |
| 7 | | Frank Kretzschmar | 42:21 | 2:19 | 6:18 | 8:05 | 11:53 | 13:45 | 16:35 | 23:01 | 25:55 | 28:18 | 31:43 | 38:20 | 41:23 | 41:57 | 42:21 | |
| | | OLV Weimar | | 2:19 | 3:59 | 1:47 | 3:48 | 1:52 | 2:50 | 6:26 | 2:54 | 2:23 | 3:25 | 6:37 | 3:03 | 0:34 | 0:24 | |
| 8 | | Werner George Kla | 44:49 | 2:39 | 7:34 | 10:37 | 15:04 | 17:21 | 19:30 | 25:29 | 28:23 | 30:40 | 33:44 | 40:22 | 43:24 | 44:32 | 44:49 | |
| | | Sachsen-Marathon | | 2:39 | 4:55 | 3:03 | 4:27 | 2:17 | 2:09 | 5:59 | 2:54 | 2:17 | 3:04 | 6:38 | 3:02 | 1:08 | 0:17 | |
| | | | | | <i>18:38</i> | <i>21:13</i> | <i>26:26</i> | <i>32:21</i> | | | | | | | | | | |
| | | | | | <i>*47</i> | <i>*45</i> | <i>*53</i> | <i>*61</i> | | | | | | | | | | |
| | | Matthias Riebisch | N Ang | | | | | | | | | | | | | | | |
| | | SV TU Ilmenau | | | | | | | | | | | | | | | | |
| D65 (Damen ab 65) (3) | | | | 2,4 km 70 Hm | | | 10 P | | | | | | | | | | | |
| | | | | 1(36) | 2(57) | 3(43) | 4(42) | 5(69) | 6(61) | 7(65) | 8(67) | 9(64) | 10(100) | Ziel | | | | |
| 1 | | Ilse Eulitz | 42:36 | 4:43 | 10:39 | 19:23 | 23:22 | 25:10 | 27:14 | 34:45 | 38:26 | 41:26 | 42:12 | 42:36 | | | | |
| | | OLV Weimar | | 4:43 | 5:56 | 8:44 | 3:59 | 1:48 | 2:04 | 7:31 | 3:41 | 3:00 | 0:46 | 0:24 | | | | |
| 2 | | Silvia Gerlach | 1:10:17 | 10:31 | 17:47 | 26:19 | 30:46 | 32:45 | 35:22 | 1:01:52 | 1:06:10 | 1:09:16 | 1:09:54 | 1:10:17 | | | | |
| | | USV Jena | | 10:31 | 7:16 | 8:32 | 4:27 | 1:59 | 2:37 | 26:30 | 4:18 | 3:06 | 0:38 | 0:23 | | | | |
| | | Gisela Schubert | Fehlst | 7:54 | 16:12 | 29:46 | 36:19 | 39:58 | 44:42 | ---- | 1:12:05 | 1:16:41 | 1:18:26 | 1:19:15 | | | | |
| | | OLV Weimar | | 7:54 | 8:18 | 13:34 | 6:33 | 3:39 | 4:44 | | 27:23 | 4:36 | 1:45 | 0:49 | | | | |
| H65 (Herren ab 65) (3) | | | | 2,4 km 70 Hm | | | 10 P | | | | | | | | | | | |
| | | | | 1(36) | 2(57) | 3(43) | 4(42) | 5(69) | 6(61) | 7(65) | 8(67) | 9(64) | 10(100) | Ziel | | | | |
| 1 | | Ralf Zobirei | 49:22 | 3:36 | 6:34 | 10:29 | 21:41 | 23:46 | 25:01 | 39:39 | 41:59 | 48:20 | 49:02 | 49:22 | | | | |
| | | SWV Goldlauter-Hei | | 3:36 | 2:58 | 3:55 | 11:12 | 2:05 | 1:15 | 14:38 | 2:20 | 6:21 | 0:42 | 0:20 | | | | |
| 2 | | Hans Lange | 55:06 | 3:28 | 7:07 | 12:07 | 15:39 | 17:13 | 19:21 | 48:23 | 51:38 | 53:51 | 54:40 | 55:06 | | | | |
| | | OLV Weimar | | 3:28 | 3:39 | 5:00 | 3:32 | 1:34 | 2:08 | 29:02 | 3:15 | 2:13 | 0:49 | 0:26 | | | | |
| | | Lutz Tröbse | N Ang | | | | | | | | | | | | | | | |
| | | SV TU Ilmenau | | | | | | | | | | | | | | | | |
| D21 (Damen ab 21) (3) | | | | 4,4 km 80 Hm | | | 18 P | | | | | | | | | | | |
| | | | | 1(52) | 2(45) | 3(51) | 4(40) | 5(60) | 6(32) | 7(38) | 8(37) | 9(62) | 10(32) | 11(34) | 12(40) | 13(35) | 14(69) | |
| | | | | 15(71) | 16(73) | 17(67) | 18(100) | Ziel | | | | | | | | | | |
| 1 | | Hanka Straube | 37:04 | 2:39 | 4:39 | 6:12 | 7:17 | 8:43 | 11:20 | 14:55 | 15:50 | 18:24 | 19:24 | 21:37 | 23:54 | 26:06 | 28:41 | |
| | | SV Lengefeld | | 2:39 | 2:00 | 1:33 | 1:05 | 1:26 | 2:37 | 3:35 | 0:55 | 2:34 | 1:00 | 2:13 | 2:17 | 2:12 | 2:35 | |
| | | | | 30:39 | 34:34 | 35:24 | 36:48 | 37:04 | | 17:39 | | | | | | | | |
| | | | | 1:58 | 3:55 | 0:50 | 1:24 | 0:16 | | <i>*39</i> | | | | | | | | |
| 2 | | Maike Laske | 52:11 | 1:48 | 4:12 | 6:01 | 7:36 | 9:08 | 12:11 | 16:08 | 17:05 | 20:27 | 21:57 | 25:38 | 29:37 | 33:53 | 37:21 | |
| | | SV TU Ilmenau | | 1:48 | 2:24 | 1:49 | 1:35 | 1:32 | 3:03 | 3:57 | 0:57 | 3:22 | 1:30 | 3:41 | 3:59 | 4:16 | 3:28 | |
| | | | | 40:42 | 48:30 | 50:15 | 51:59 | 52:11 | | | | | | | | | | |
| | | | | 3:21 | 7:48 | 1:45 | 1:44 | 0:12 | | | | | | | | | | |
| 3 | | Anne Storandt | 58:12 | 2:55 | 6:10 | 11:15 | 12:39 | 14:37 | 18:08 | 22:10 | 23:04 | 26:25 | 27:50 | 31:37 | 35:33 | 39:51 | 43:24 | |
| | | SV Schmalkalden 04 | | 2:55 | 3:15 | 5:05 | 1:24 | 1:58 | 3:31 | 4:02 | 0:54 | 3:21 | 1:25 | 3:47 | 3:56 | 4:18 | 3:33 | |
| | | | | 46:39 | 54:32 | 56:16 | 58:00 | 58:12 | | | | | | | | | | |
| | | | | 3:15 | 7:53 | 1:44 | 1:44 | 0:12 | | | | | | | | | | |
| H21 (Herren ab 21) (5) | | | | 5,4 km 110 Hm | | | 21 P | | | | | | | | | | | |
| | | | | 1(73) | 2(70) | 3(54) | 4(51) | 5(40) | 6(41) | 7(33) | 8(38) | 9(37) | 10(39) | 11(62) | 12(68) | 13(40) | 14(35) | |
| | | | | 15(69) | 16(71) | 17(73) | 18(48) | 19(74) | 20(67) | 21(100) | Ziel | | | | | | | |
| 1 | | Sören Lösch | 32:18 | 1:21 | 2:31 | 3:29 | 4:31 | 5:27 | 6:27 | 8:15 | 11:08 | 11:45 | 13:09 | 13:42 | 15:56 | 18:26 | 20:12 | |
| | | USV Jena | | 1:21 | 1:10 | 0:58 | 1:02 | 0:56 | 1:00 | 1:48 | 2:53 | 0:37 | 1:24 | 0:33 | 2:14 | 2:30 | 1:46 | |
| | | | | 21:54 | 23:21 | 26:30 | 28:23 | 29:16 | 31:05 | 32:05 | 32:18 | | | | | | | |
| | | | | 1:42 | 1:27 | 3:09 | 1:53 | 0:53 | 1:49 | 1:00 | 0:13 | | | | | | | |
| 2 | | Sebastian Bergman | 35:41 | 1:38 | 2:49 | 3:45 | 4:46 | 5:42 | 6:43 | 8:40 | 11:34 | 12:10 | 13:47 | 14:19 | 16:30 | 18:47 | 20:32 | |
| | | SV TU Ilmenau | | 1:38 | 1:11 | 0:56 | 1:01 | 0:56 | 1:01 | 1:57 | 2:54 | 0:36 | 1:37 | 0:32 | 2:11 | 2:17 | 1:45 | |
| | | | | 24:35 | 26:10 | 29:10 | 31:33 | 32:20 | 34:26 | 35:28 | 35:41 | | | | | | | |
| | | | | 4:03 | 1:35 | 3:00 | 2:23 | 0:47 | 2:06 | 1:02 | 0:13 | | | | | | | |
| | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | |
| 3 | | Gytis Nakvosas | 37:58 | 1:16 | 2:27 | 3:24 | 5:26 | 6:22 | 7:24 | 9:22 | 14:44 | 15:19 | 16:48 | 17:22 | 19:36 | 22:04 | 24:02 | |
| | | USV Jena | | 1:16 | 1:11 | 0:57 | 2:02 | 0:56 | 1:02 | 1:58 | 5:22 | 0:35 | 1:29 | 0:34 | 2:14 | 2:28 | 1:58 | |
| | | | | 26:09 | 27:46 | 31:19 | 33:20 | 34:29 | 36:33 | 37:42 | 37:58 | | | | | | | |
| | | | | 2:07 | 1:37 | 3:33 | 2:01 | 1:09 | 2:04 | 1:09 | 0:16 | | | | | | | |
| 4 | | Joris Hochstetter | 40:37 | 1:13 | 2:31 | 3:33 | 4:58 | 5:58 | 7:06 | 9:08 | 12:41 | 13:37 | 15:53 | 16:24 | 19:34 | 22:01 | 23:43 | |
| | | USV Jena | | 1:13 | 1:18 | 1:02 | 1:25 | 1:00 | 1:08 | 2:02 | 3:33 | 0:56 | 2:16 | 0:31 | 3:10 | 2:27 | 1:42 | |
| | | | | 25:34 | 27:05 | 30:20 | 35:02 | 36:33 | 38:45 | 40:22 | 40:37 | | | | | | | |
| | | | | 1:51 | 1:31 | 3:15 | 4:42 | 1:31 | 2:12 | 1:37 | 0:15 | | | | | | | |
| 5 | | Christian Storandt | 1:01:08 | 2:00 | 3:44 | 5:26 | 7:06 | 8:22 | 10:11 | 13:08 | 18:07 | 19:09 | 21:51 | 23:16 | 29:14 | 32:56 | 35:45 | |
| | | SV Schmalkalden 04 | | 2:00 | 1:44 | 1:42 | 1:40 | 1:16 | 1:49 | 2:57 | 4:59 | 1:02 | 2:42 | 1:25 | 5:58 | 3:42 | 2:49 | |
| | | | | 39:09 | 42:06 | 47:02 | 52:55 | 55:11 | 59:05 | 1:00:56 | 1:01:08 | | | | | | | |
| | | | | 3:24 | 2:57 | 4:56 | 5:53 | 2:16 | 3:54 | 1:51 | 0:12 | | | | | | | |
| OffM (Offen Mittel) (5) | | | | 2,1 km 55 Hm | | | 10 P | | | | | | | | | | | |
| | | | | 1(73) | 2(49) | 3(44) | 4(69) | 5(61) | 6(59) | 7(54) | 8(67) | 9(64) | 10(100) | Ziel | | | | |
| 1 | | Dorit Lichter | 34:17 | 3:41 | 7:42 | 14:12 | 16:29 | 18:43 | 22:52 | 28:08 | 30:39 | 33:06 | 33:55 | 34:17 | | | | |
| | | USV Jena | | 3:41 | 4:01 | 6:30 | 2:17 | 2:14 | 4:09 | 5:16 | 2:31 | 2:27 | 0:49 | 0:22 | | | | |
| 2 | | Denise Hölzer | 36:52 | 12:25 | 16:33 | 20:41 | 22:47 | 24:25 | 28:05 | 30:38 | 33:13 | 35:30 | 36:38 | 36:52 | | | | |
| | | OL Team Lippe | | 12:25 | 4:08 | 4:08 | 2:06 | 1:38 | 3:40 | 2:33 | 2:35 | 2:17 | 1:08 | 0:14 | | | | |

| Pl | tnr | Name | Zeit | | | | | | | | | | | |
|--------------------------------|-----|-------------------------|----------------|---------------------|-------|-------------|-------|-------|-------|-----------------|---------|-------------|---------|-------------|
| <i>OffM (Offen Mittel) (5)</i> | | | | <i>2,1 km 55 Hm</i> | | <i>10 P</i> | | | | <i>(Forts.)</i> | | | | |
| | | | | 1(73) | 2(49) | 3(44) | 4(69) | 5(61) | 6(59) | 7(54) | 8(67) | 9(64) | 10(100) | Ziel |
| 3 | | Joline Schiemann | 57:42 | 9:10 | 18:12 | 26:13 | 32:15 | 34:58 | 43:01 | 47:17 | 51:22 | 55:32 | 57:21 | 57:42 |
| | | UNI Sport Jena | | 9:10 | 9:02 | 8:01 | 6:02 | 2:43 | 8:03 | 4:16 | 4:05 | 4:10 | 1:49 | 0:21 |
| 4 | | Die Wilden | 1:06:17 | 4:59 | 11:05 | 25:22 | 30:02 | 34:22 | 42:57 | 50:44 | 56:37 | 1:02:32 | 1:05:58 | 1:06:17 |
| | | OLV Weimar | | 4:59 | 6:06 | 14:17 | 4:40 | 4:20 | 8:35 | 7:47 | 5:53 | 5:55 | 3:26 | 0:19 |
| 5 | | Robert Walker | 1:09:03 | 14:56 | 19:44 | 33:32 | 36:30 | 44:16 | 52:04 | 54:46 | 1:04:37 | 1:06:26 | 1:08:50 | 1:09:03 |
| | | UNI Sport Jena | | 14:56 | 4:48 | 13:48 | 2:58 | 7:46 | 7:48 | 2:42 | 9:51 | 1:49 | 2:24 | 0:13 |